

Putting Coats On Independently

Some children are able to put their coats on the traditional way and others can get one sleeve on then end up chasing their other sleeve around in circles. Some pre-schools and nurseries introduce the following process to the children and then let them explore which way works best for them...

Step 1

First invite a child to place his or her coat in the middle of the floor with the zipper or opening of the coat facing up.

Step 2

Then, stand at the head of the coat and look down...



Step 3

Next, invite the child to place both hands inside the sleeves of the coat...



Step 4

After that the child must lift the coat up and over his head while continuing to slide his hands down the sleeve of the coat...

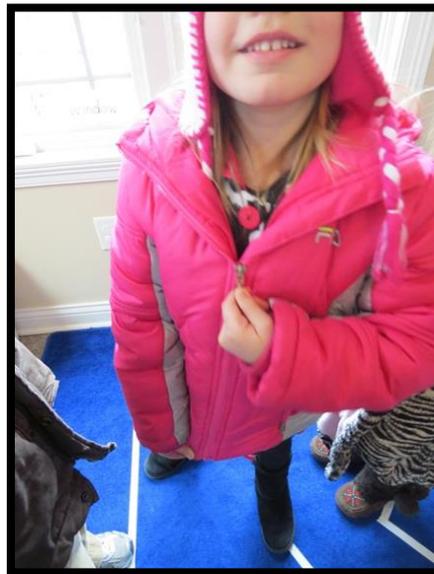


The Final Step

Once the children have a good grasp on getting coats on all by their selves, they are ready to move onto how to zip up a zipper!



Sadly there aren't any magic tips for zipping up coats – just lots of patience, practice, and time for those fine motor skills to cooperate!



When children start school, we encourage those who cannot already do so to learn the traditional way, not only as progression, but also due to the lack of floor space we have in our cloakrooms. We do find that with a consistent approach from home and school, children learn the traditional approach very quickly.